



RICHARD SIEGFRIED M.D.
COMPREHENSIVE PAIN MANAGEMENT

Do not eat or drink after midnight prior to the day of your procedure. This includes gum, hard candy and breath mints. You will reduce the risk of serious complications by not eating or drinking prior to procedure. However, unless otherwise instructed by your physician, you should take your medications the morning of procedure with small sips of water.

Blood thinning medications such as Coumadin, or aspirin products, or non-steroidal anti-inflammatory medications or over the counter pain medications (other than Tylenol) should not be taken before procedure. These medications increase bleeding and your risk for postoperative complications. They must be stopped prior to procedure under the supervision of your doctor or surgeon. In some cases they must temporarily be replaced with another medication. *If you take any of these medications and this has not been discussed with you in the office, please call us as soon as possible. You may be required to discontinue one or more of these medications as long as ten days prior to your procedure. Failure to do so will result in cancellation of your procedure.*

If you are a diabetic, do not take insulin or other anti-diabetic medications on the morning of procedure. It is safer for you to have a high blood sugar than a low one during procedure. We will make every effort to perform your procedure as early in the day as possible.

Do not smoke on the day of your procedure. Smoking is irritating to your lungs, makes it harder for you to recover from your operation, and increases the likelihood of pneumonia. Smoking is not permitted in the hospital or on hospital grounds.

Wear comfortable, loose-fitting clothing to the hospital. Do not wear makeup or nail polish so your color can be monitored. Please, leave your valuables, such as jewelry, rings, watches and money, at home.

You may not drive yourself home after the procedure. Please arrange for an escort to drive you home. Your escort must be a responsible person over the age of 18 years. Your procedure will be cancelled if you have not made arrangements for transportation.

You should call the office and confirm the time and date of the procedure. Operating times are often altered after you have been given a time because of urgent cases or other factors

Upon arrival in the hospital/surgical center, you will be asked about your compliance with the above instructions. *This is done for your safety. You must be truthful* in answering the questions asked. Being untruthful may put you in danger of a life threatening complication.